2023 Blue Cross and Blue Shield Service Benefit Plan - Standard and Basic Option Section 5. Benefits
Section 5(f). Prescription Drug Benefits

• Who can write your prescriptions. A physician or dentist licensed in the United States, Puerto Rico, or the U.S. Virgin Islands, or, in states that permit it, a licensed/certified provider with prescriptive authority prescribing within their scope of practice must write your prescriptions. See Section 5(i) for drugs purchased overseas.