

**2023 Blue Cross and Blue Shield Service Benefit Plan - Standard and Basic Option****Section 5. Benefits****Section 5(h). Wellness and Other Special Features****Diabetes Management Incentive Program**

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**Diabetes Management Incentive Program**

The **Diabetes Management Incentive Program** is designed to encourage members to achieve and maintain control of their blood sugar and help manage or slow the progression of complications related to diabetes. Through this program you can earn a maximum of \$100 toward a health account to be used for most qualified medical expenses. This incentive is in addition to other incentives described in this brochure and is available to all covered adult members, age 18 and over. To qualify for the Diabetes Management Incentive Program, each eligible member must have at least one medical claim that has been processed during the past 12 months with a reported diagnosis of diabetes and complete the following steps:

- Provide us with lab test results for an HbA1c performed in the first 6 months of the calendar year (January 1 to June 30) to receive a \$25 incentive reward.
- Provide us with lab test results for an HbA1c performed in the last 6 months of the calendar year (July 1 to December 31) to receive a \$75 incentive reward; the test results must show:
  - Your HbA1c result is less than 8 percent; or
  - If your HbA1c is greater than or equal to 8 percent, you will receive the incentive if we provided benefits for three nutritional counseling visits performed during the calendar year. Note: See pages [43](#) and [46](#) for information on nutritional counseling.

Information on how to submit your HbA1c lab results can be found on our website, [www.fepblue.org/diabetes](http://www.fepblue.org/diabetes). See page [111](#) for information about the Diabetic Meter Program.